

# BSc Lean Muscle Pack

With so many differing supplements out on the market it is easy to become confused on what supplements will actually deliver results. The boom in the sports nutrition industry has led to many people using various supplements without understanding how each supplement actually works. Often at times people take several differing supplements together, a process known as stacking to try and fast track their results which can often end in disappointment due to a poor understanding on how to properly take each supplement. Knowledge of the lack of education to the general public on how to take supplements has led to BSc developing a simple supplement guide beneficial to not only first time users but even the most experienced supplement users. Every supplement found in BSc range can be supported by results not just a label claim which means results for you. Whether you are looking to get bigger, leaner, fitter or stronger, BSc has the right supplement for you. Your results are our reputation.

Research has shown that combining essential amino acids and glucose post training can increase blood concentrations of anabolic hormones and further stimulate protein synthesis (muscle building) following training. This pack provides all the essential nutrients your muscles need to get bigger.

## Lean Muscle Pack

K-OS

MASS MONSTER

MYOCYTIN

